

July - Lunch

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Chicken Cordon Bleu Veal Jaeger schnitzel Roast Pork Loin	2 Lasagna Spaghetti Chicken Cacciatore	3 Fish Almandine Stir Fry Chicken w/ Broccoli Pork Chops w/ Mushroom Gravy
4 Ginger BBQ Chicken Fried Shrimp Beef Manicotti	5 Swiss Steak W/Tomato Sauce Baked Chicken Hot Italian Sausage	6 Fish w/lemon/ garlic butter Pork Schnitzel Beef Yakisoba	7 Asian Meal Sukiyaki Chinese 5-spice Chicken Cantonese Ribs	8 Pork chops w/ mushroom gravy Liver w/ onions Fried Fish	9 Shrimp Scampi Boneless Turkey Beef Stew	10 Savory Baked Chicken Swedish Meatballs Creole Shrimp
11 Oven Fried Fish BBQ Spareribs Chicken Parmesan	12 Roast Pork Loin Pot Roast Baked Stuffed Fish	13 Teriyaki Chicken Veal Parmesans Cheddar Baked Fish	14 Hispanic Meal Burritos Mexican Pork Chops Beef Fajitas	15 Herbed Baked Chicken Beef & Noodles Southern Fried Catfish	16 Mexican Baked Chicken Country Style Steak Stuffed Green Peppers	17 Crispy Baked Chicken Baked Ham Beef Yakisoba
18 Chicken Parmesan Sauerbraten Baked Fish	19 Roast Turkey Tempura Fried Fish Ribeye Steak	20 Roast Loin of Pork Chicken Fajitas BBQ Beef Cubes	2 Italian Meal Spaghetti Spinach Lasagna Veal Parmesan	22 Mr. Z's Baked Chicken Pepper Steak Pasta Primavera	23 Chili Mac BBQ Chicken Southern Fried Catfish	24 Baked Fish Simmered Knockwurst 5-spice Chicken
25 Stir Fry Beef w/ Broccoli Pork Chop Suey Turkey Nuggets	26 Spaghetti w/meat sauce Strip Steak Roast Turkey	27 Country Capt. Chicken Meatloaf Turkey ALA King	28 Southern Meal Cajun Baked Fish BBQ Chicken Jambalaya	29 Chicken Cordon Bleu Veal Jaeger schnitzel Roast Pork Loin	30 Lasagna Spaghetti Chicken Cacciatore	31 Fish Almandine Stir Fry Chicken w/ Broccoli Pork Chops w/ Mushroom Gravy

2010